





## Crisis Resources

 <p>Georgia Crisis &amp; Access Line 1-800-715-4225 mygal.com</p>	<p>A free 24/7 helpline providing mental health crisis assistance and access to mental health resources throughout the state of Georgia</p>	<p>1-800-715-4225 or mygal.com.</p>
	<p>For emergencies in which law enforcement may be called, ask for a Crisis Intervention Team (CIT) officer</p>	<p>Dial 9-1-1</p>
 <p>CRISIS TEXT LINE   Text GA to 741741 A free, 24/7 text line for people in crisis.</p>	<p>Reach a trained counselor by text message. Youth and teens are especially welcome.</p>	<p>Text 'GA' to 741-741.</p>
 <p>NATIONAL SUICIDE PREVENTION LIFELINE 1-800-273-TALK (8255) suicidepreventionlifeline.org</p>	<p>Suicide Prevention Lifeline</p>	<p>1-800-273-TALK or 1-800-SUICIDE</p>

Or Download and Use the Georgia Crisis and Access Line (GCAL) App to chat, text, or call



MyGCAL App



Find Support Today!

CHAT

TEXT

CALL

About Us

If you are experiencing technical issues with Chat or text, and are in crisis, please call 1-800-715-4225

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